

# Recommendations

## Digital Resources

### 1. Facebook We Think Digital – Resources

The Facebook resources are designed to help create a safer and responsible digital world. It is developed in collaboration with experts, academics, non-governmental organizations (NGOs), and civil society organizations across Asia Pacific, the resources are designed to foster responsible citizenship.

### 2. Safety on Twitter – Resources

On Twitter, you should feel safe expressing your unique point of view with every Tweet – and it's our job to make that happen. But sometimes Tweets can cross a line and are abusive or threatening. To keep you safe, we build tools so you can control what you see and who you interact with; work with a community of online safety experts to fight abuse everywhere; and develop and enforce policies to prohibit abusive behaviour.

### 3. Safety – Instagram

Instagram supports a safe and open environment for everyone. We take violations seriously, and encourage you to report any kind of abusive behaviour. The time on Instagram should be positive and inspiring.

## Books

1. Buder, E. and S, and Gardner O. (2008). "Letters To A Bullied Girl: Messages Of Healing and Hope."
2. Garbarino, J. (2002). "And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment and Emotional Violence."
3. Shariff, S and. Churchill, A. (2010). "Truths and Myths of Cyber-Bullying: International Perspectives on Stakeholder Responsibility and Children's Safety."

## Articles/Blogs

1. Patchin, Justin W., (September 2017), "Be Careful Who You "Friend" Online: A Cautionary Tale"
2. Collier, Anne, (October 2018), "For This Bullying Prevention Month, A Bit Of Clarity"
3. The Wire Staff, (October 2018), "Indian Children Most Cyber-Bullied in the World: Study"
4. Patchin, Justin W., (November 2019), "Sextortion: More Insight Into the Experiences of Youth."
5. Hinduja, Sameer, (January 2020), "How Social Media Companies Should Combat Online Abuse"
6. Collier, Anne, (June 2020), "How Teens' Social Media Use Changing: New Pew Study"

## Websites

1. Family Online Safety Institute

2. Childnet International
3. Connect Safely
4. Insight
5. Institute of Watch Internet Network
6. Safer Net
7. Project Rokit
8. Net Safe
9. Net Family News
10. National Network to End Domestic Violence (NNEDV)



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SOCIAL RESEARCH